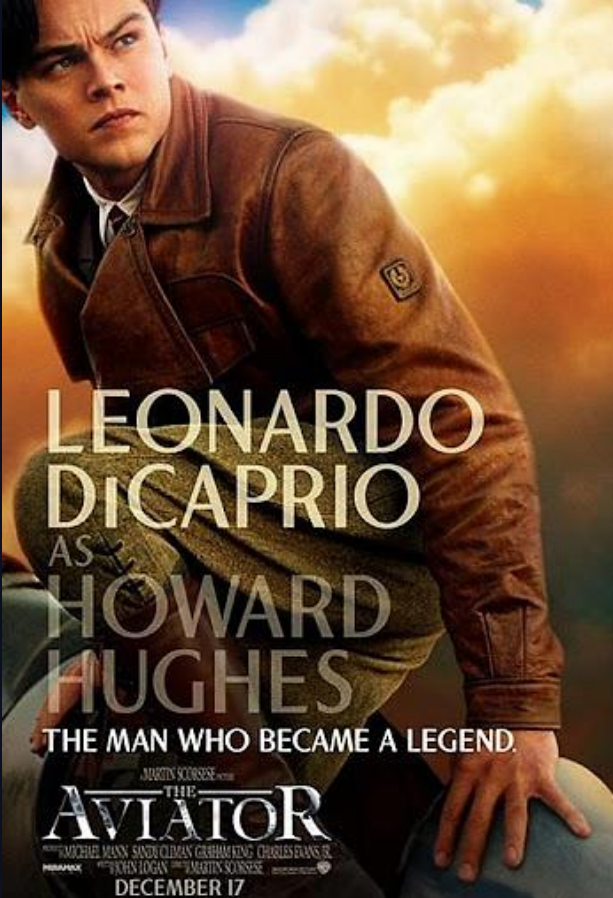
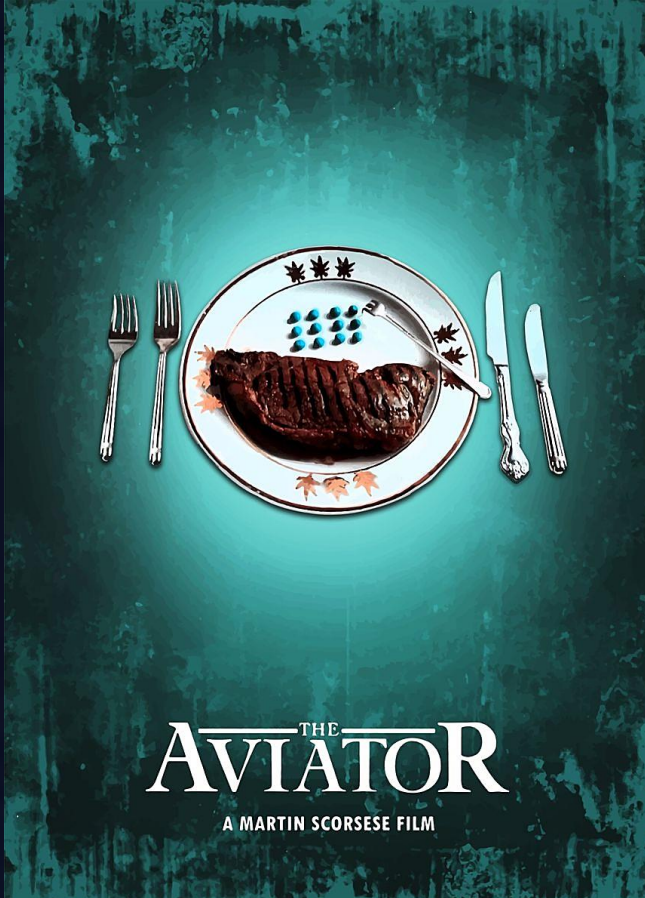
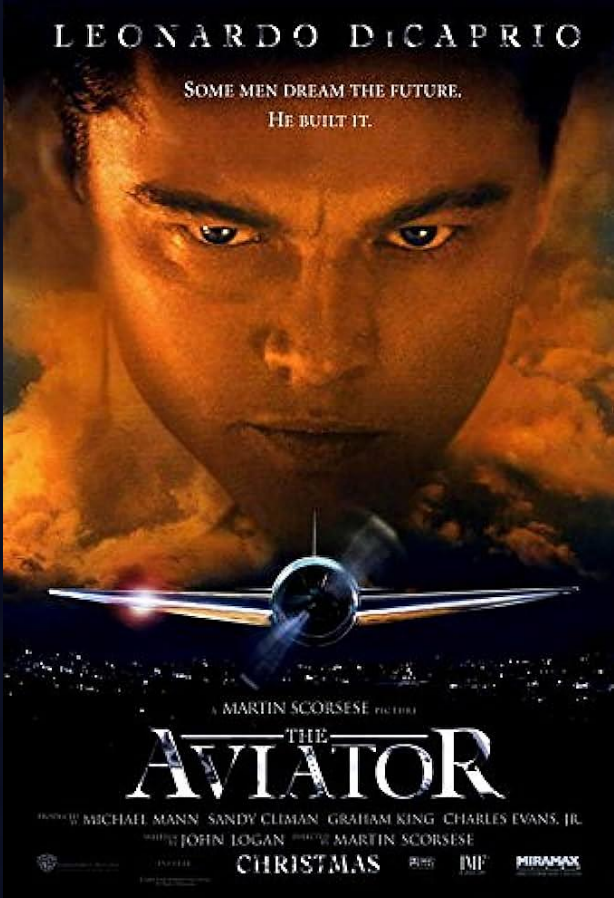


Obsessive Compulsive Disorder

An ethnographic study of Howard Hughes



Obsessive-Compulsive Disorder

(definition of Obsessions) – a person experiences uncontrollable and frequently recurring thoughts, usually of a fearful or stress/anxiety-producing nature.

(definition of Compulsions) – a person engages in repetitive behaviors (a ritual or action) intended to protect against a future event.

Severe OCD is also marked by compulsive behaviors or compulsive rituals that people do to try to ease anxiety. These can include excessive handwashing, checking and rechecking behaviors, counting, repeating words or phrases, or arranging objects in a specific manner.

“Howard Huges Dilemma”

- ↳ The end-state of obsessive-compulsive neurosis in which a germ phobia coincides with the deliberate avoidance of cleaning and neglect of personal hygiene.
- Neurosis can become psychotic

Common symptoms of OCD

- Fear of contamination or dirt.
- Doubting and having a hard time dealing with uncertainty.
- Needing things to be orderly and balanced.
- Aggressive or horrific thoughts about losing control and causing harm.
- Need to control surroundings
- Patients with OCD tend to avoid situations that make them uncomfortable

What causes OCD to get worse?

- Stress, a traumatic event, a relationship breakup, job loss, and financial issues are all examples of events that can cause anxiety and trigger a worsening of OCD symptoms.

There's currently no evidence that OCD gets worse with age for everyone.

Patients with OCD had increased risk of developing dementia. Unclear if this is causation or correlation.

OCD has two onset peaks. (1) ages 7-12 and (2) early-20's.

Nature or Nurture? Both!

OCD emerges in boys earlier than in girls.

Women are slightly elevated risk of developing OCD than men; 1.6 times more likely than men

10 Famous People With OCD



Leonardo DiCaprio
*Feels urge to walk through doorway multiple times



David Beckham
*Soccer star



Howie Mandel
*Comedian



Cameron Diaz
*Actress
Frequent handwasher, fear of touching doorknobs



Justin Timberlake
*Actor, singer



Camila Cabello
*Singer, songwriter



Daniel Radcliff
*Harry Potter
Once took him over 5 min to turn off a light



Howard Hughes



Fiona Apple



Katy Perry
*Musician



Jessica Alba
*Actress



Frank Sinatra
*actor, singer