

Jung-Myers-Briggs Personality Assessment

Carl Jung originated the foundation of theory applying to the psychology of personality, including archetypes and introvert/extrovert. A half-century later, Katherine Briggs and her daughter Isabel Briggs-Myers brought this a step further, creating a personality assessment which married together their categories with his. An abbreviated version of it follows.

For each of the following questions, please answer as honestly as possible. If you have not been in a situation which it alludes to, then answer as you believe you would act.

1. At a gathering of friends, do you...
 - A. interact with as many as you can, including introducing yourself to strangers.
 - B. interact with a few as possible, and even then only to those you already know.
2. Are you more...
 - A. Realistic (you see a situation for as it really is)
 - B. Speculative (you guess or imply reasons to explain what you see)
3. When there is a task to complete, is it worse to be...
 - A. A daydreamer
 - B. In a state of writers-block or prone to procrastination
4. Are you more impressed by...
 - A. Principled decision-making
 - B. Emotional decision-making
5. Is your personality one which is more comfortable...
 - A. Convincing or verbally persuading another to do what you want
 - B. Touching or physically directing another to do what you want
6. Do you prefer to work...
 - A. At a set time, with an awareness of deadlines
 - B. Anytime you want to, with no due dates
7. Do you tend to choose...
 - A. Rather carefully
 - B. Somewhat impulsively
8. At gatherings, do you prefer to...
 - A. Stay late, and in so doing you experience increasing energy as the evening progresses
 - B. Leave early, due in part to decreasing energy as the evening progresses.
9. Are you more attracted to...
 - A. Sensible people, who can rationalize the 'why' of their decisions
 - B. Imaginative people, who operate on their instinct when something feels right or wrong
10. Are you more interested in...
 - A. What has actually happened
 - B. What is possible given a certain set of choices
11. In judging others, are you more swayed by...
 - A. Laws more than the circumstances
 - B. Circumstances more than the laws
12. In approaching others, is your inclination to be somewhat...
 - A. Objective (non-emotional) in your communication
 - B. Personal (allowing for empathy)
13. Are you more...
 - A. Punctual; you always arrive on time
 - B. Leisurely; you are not worried about if you are on time or not
14. In tasks you are doing, does it bother you more having things...
 - A. Incomplete
 - B. Completed
15. In your social groups (ie, your friends), do you prefer to...
 - A. Keep up-to-date on what happens to others
 - B. Get behind in the news of what is affecting your friends
16. In doing ordinary things, are you more likely to...
 - A. Do it as you are instructed to do it
 - B. Do it your own way, as your instinct or experience inform you to do.
17. Writers should...
 - A. Be literal; "say what they mean and mean what they say."
 - B. Express things more by use of analogy and representation.
18. Which appeals to you more...
 - A. Consistency of thought
 - B. Harmonious human relationships
19. Are you more comfortable in making...
 - A. Judgments based on your logic and intellect
 - B. Judgments based on your values and moral sense of right/wrong

20. Are you more comfortable with an issue or choice being...
- Settled and decided
 - Unsettled and undecided
21. Would you say that you are more...
- Serious and determined
 - Easy-going, relaxed and laidback
22. In telephoning, do you...
- Rarely wonder whether you will be able to say whatever you want to say
 - Rehearse what you'll say, due to fear you may forget, leave things important unspoken, or be misunderstood.
23. You believe that facts...
- "Speak for themselves"
 - Illustrate principles.
24. Are visionaries (those who are always thinking of the next great invention, for instance)...
- Somewhat annoying
 - Rather fascinating
25. Are you more often...
- A cool-headed person
 - A warm-hearted person
26. Is it worse to be...
- Unjust
 - Merciless
27. Should one usually let events occur...
- By careful selection and choice
 - Randomly and by chance
28. With regard to shopping, do you feel better about...
- Having purchased a dvd (paid it all at that one time)
 - Having purchased on a credit card
29. In the company of others, do you...
- Initiate conversation
 - Wait to be approached by another to talk
30. Common sense is...
- Rarely questionable
 - Frequently questionable
31. Children often are not...
- Serious enough
 - Playful enough
32. In making decisions, do you feel more comfortable with...
- Standards which prescribe what to consider more important
 - Feelings, wherein you follow your instinct in making a decision
33. Are you more...
- Firm than gentle in your mannerisms, voice and interaction with others
 - Gentle than firm in your mannerisms, voice and interaction with others
34. Which is more admirable...
- The ability to organize and be methodical
 - The ability to adapt and make do with what you have
35. Do you put more value on being...
- Definite
 - Open-ended
36. Does new or non-routine interaction with others...
- Stimulate and energize you
 - Stress your reserves
37. Are you more frequently...
- A Practical sort of person (spend only money you have in the bank)
 - A fanciful sort of person (if you see a good deal, purchase it, even if that creates financial stress)
38. Are you more likely to...
- See how others are useful
 - Put yourself in others shoes and emphasize with them
39. Which is more satisfying...
- To discuss an issue thoroughly
 - To arrive at an agreement on an issue with little conversation
40. Which rules you more...
- Your mind
 - Your heart
41. Are you more comfortable with work that is...
- Contracted, wherein you are paid a set amount for specific length of time and a specific job
 - Done on a casual, free-lance basis, wherein you work your own hours but can lose your job at any time.
42. Do you tend to look for...
- The orderly
 - Whatever turns up
43. Do you prefer...
- The world of Facebook: many friends with little contact.
 - The pre-Facebook world: a few friends with more length and quality contact

44. Are you most impressed by...
A. Facts
B. Principles
45. Are you more interested in...
A. Production and distribution
B. Design and research
46. Which is more of a compliment...
A. "You are a very logical person."
B. "You are a very sentimental and emotional person?"
47. Of the characteristics you see in yourself, do you value more than you are...
A. Unwavering and confident
B. Devoted and loyal
48. Do you more often prefer the...
A. Final and unalterable statement
B. Tentative and preliminary statement
49. Are you more comfortable...
A. After a decision has been reached
B. Before a decision has been reached
50. Do you...
A. Speak easily and at length with strangers
B. Find little to say to strangers
51. Are you more likely to trust your...
A. Experience
B. Hunch/instinct
52. Do you feel...
A. More practical than ingenious/brilliant
B. More ingenious/brilliant than practical
53. Which person is more to be complimented: one who...
A. Approaches a problem with clear reasoning
B. Approaches a situation with strong feelings
54. Are you inclined more to be...
A. Fair-minded
B. Sympathetic
55. Is it preferable mostly to...
A. Make sure things are arranged in advance
B. Just let things happen and see what unfolds
56. In relationships, should most things be
A. Re-negotiable
B. Random and circumstantial
57. When the phone rings, do you...
A. Quickly rush to get to it first
B. Hope someone else will answer
58. Do you prize more in yourself...
A. A strong sense of reality
B. A vivid imagination
59. Are you drawn more to...
A. Fundamentals
B. Overtones
60. Which seems the greater error...
A. To be too passive
B. To be too objective
61. Do you see yourself as basically...
A. Hard-headed and stubborn
B. Soft-hearted and flexible
62. Which situation appeals to you more...
A. The structured and scheduled
B. The unstructured and unscheduled
63. Are you a person that is more...
A. Routinized than whimsical
B. Whimsical than routinized
64. Are you inclined to be...
A. Easy to approach by others
B. Somewhat reserved
65. In writings do you prefer authors who are...
A. More literal
B. More figurative
66. Is it harder for you to...
A. Identify with others
B. Utilize others
67. Which do you wish more for yourself...
A. Clarity of reason
B. Strength of compassion
68. Which is the greatest fault...
A. Being indiscriminate
B. Being critical
69. Do you prefer...
A. Planned event
B. Unplanned event
70. Do you tend to be more...
A. Deliberate than spontaneous
B. Spontaneous than deliberate

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Instructions:

1. Please place a check in the appropriate column (A or B).
2. Important! check as you go to make sure that your answer corresponds to the appropriate number question where its answer belongs.
3. Once you have your answers down, total the A/B's to see which trait is dominate. This will give you a four-letter abbreviation.

	A	B
1		
8		
15		
22		
29		
36		
43		
50		
57		
64		
TOTAL		
	Extrovert - E	Introvert - I

	A	B
2		
3		
9		
10		
16		
17		
23		
24		
30		
31		
37		
38		
44		
45		
51		
52		
58		
59		
65		
66		
TOTAL		
	Sensing - S	Intuiting - N

	A	B
4		
5		
11		
12		
18		
19		
25		
26		
32		
33		
39		
40		
46		
47		
53		
54		
60		
61		
67		
68		
TOTAL		
	Thinking - T	Feeling - F

	A	B
6		
7		
13		
14		
20		
21		
27		
28		
34		
35		
41		
42		
48		
49		
55		
56		
62		
63		
69		
70		
TOTAL		
	Judging - J	Perceiving - P

What is your four letter personality code: _____

These results are entirely confidential.

You will not be turning this in, although you may be asked to identify on the board which four-letter abbreviation you fit in.